



Lookout Mountain

Rearing News



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The mission of Lookout Mountain School is to prepare all students to meet the challenges of the 21st century.

Principally Speaking

September 19, 2018

Is it just me or does it seem like children have lost their playfulness? Many of us can recall summer days spent playing games outside with friends, riding bikes or swimming all day long. Now, though, it seems that most kids prefer to lead a wired existence, constantly connected to some electronic device. You've probably asked yourself, "How much screen time is too much?" There really is no formula to determine this. When deciding what is appropriate and in what quantities, consider the potential risks as well as your child's ability to recognize and avoid dangerous situations.

As a principal for the past thirteen years, I have been involved with cyber bullying, students sharing too much personal information with the public and students taking and or sharing inappropriate pictures and videos. Students are able to openly chat through gaming systems and smart phones give access to almost anything. It is important to set the ground rules as a parent.

- What types of technology do you want to allow into your home?
- How much time do you think is reasonable for your child to use technology each day?
- Where will your child be allowed to use these devices?
- Are certain times of day off limits for technology use?
- What types of content will you allow your child to view or interact with?

Parents...you have the control 😊

1. **Passcodes and passwords:** Many devices can be set to require a password or numeric code in order to allow access. Steer clear of familiar numbers such as phone numbers, dates of birth, or other number combinations or words your child might guess. Newer devices that have fingerprint scanners often use numeric codes as backup, so make sure your code is iron clad and never share it with your child.
2. **Parental controls:** Video game consoles come equipped with parental controls built in via the system menu. Using these controls allows you to restrict internet access, purchasing ability and games with restricted ratings.
3. **Guided access:** This is especially helpful for younger or less savvy children and is available on some tablets such as the iPad. It allows parents to easily turn the guided access function off and on by touching the home button a certain number of times and entering the passcode.
4. **Settings and help menus:** This way you can see what settings work best for your child's account.
5. **Cellular services:** I discovered that my cell phone provider allows me to suspend and reinstate service just by logging into my account and clicking a couple of buttons. Cellular providers also offer affordable monthly apps and subscriptions that enable you to track and limit your child's usage, activity and contacts.
6. **Disabling the device:** Your child won't hand over the game controller? No problem. When you have the opportunity to do so without a confrontation, you might find it useful to remove the power cord, the cable cord, or disable your wireless router. With my cable service, I have a hub that controls everything, and if I unplug the hub, all services are kaput.
7. **Don't be afraid to seek help.** Contact your cellular providers or the manufacturer of the device in question. A lack of knowledge is no excuse to be lax with technology limits. In our ever-changing and increasingly technological world the demand for parents to stay informed is more critical than ever.

Prohibited Items. Students are not allowed to use cell phones on campus for any purpose, including receiving calls, taking pictures, videos or text messaging. **This includes any electronic bracelets or watches.** If you desire that your child carry a cell phone for non-school time emergency purposes, the phone must be turned off and kept, at the student's risk, in his or her backpack (please see student handbook).

Sincerely,

Tricia Johnson



Oct. 8-12 NO SCHOOL



4650 W. Sweetwater Avenue, Glendale, AZ 85304 • 602-347-2600 • www.wesdschools.org
Governing Board: Bill Adams, President • Aaron Jahneke, Vice President
Larry Herrera, Member • Tee Lambert, Member • Nikkie Whaley, Member
Dr. Paul Stanton, Superintendent

WHERE IS EVERYONE

RUNNING TO...



Join Lookout Mountain Cross-Country! Meet us in the gym on **Monday, October 1 at 7:00 a.m.** All kindergarten through sixth grade students are welcomed. See you there!

FALL BOOK FAIR

September 24 -28

MONDAY: 9:00 a.m. - 3:30 p.m.

**TUESDAY: 9:00 a.m. - 2 p.m.
5:00 p.m. - 7:30 p.m.**

WEDNESDAY: 9:00 a.m. -2:00 p.m.

THURSDAY: 9:00 a.m. -3:30 p.m.

**FRIDAY: 9:00 a.m. - 1:00 p.m.
5:00 p.m. - 6:30 p.m.**

PTO POSTS



Paw Print PTO Meeting. Our next meeting is on **Friday, October 19 at 8:45 a.m.** in the LOM Staff Lounge.

Paw Print Fall Book Fair. The Fall Book Fair will take place **September 24 - 28.** See schedule above.

Paw Print Family Game Night. Join us for Family Game Night on **Friday, Sept. 28 from 6:30 p.m. - 7:45 p.m.** located in the LOM cafeteria. Free admission! Fun night for the entire family. We will have popcorn, candy, drinks & prizes. Hosted by Dads on Duty.

Paw Print Spirit Wear. Lookout Mountain spirit wear is available to purchase. Visit our website <https://squareup.com/store/lompto> and place your order there. All orders will be delivered to your student at school.

CALENDAR

Sept. 19 - Early Release: K - 6 1:45 p.m.

Sept. 26 - Early Release: K - 6 1:45 p.m.

**Sept. 28 - Family game Night
6:30 - 7:45 p.m.**

Oct. 3 - Early Release: K - 6 1:45 p.m.

Oct. 8-12 - FALL BREAK NO SCHOOL



BOYS BASKETBALL



Monday, 10/1: LOM 1 @ Roadrunner 4:00 p.m.

Tuesday, 10/2: Ocotillo @ LOM 1 4:00 p.m.

Thursday, 10/4: LOM 2 @ Acacia 2 5:00 p.m.

Tuesday, 10/16: LOM 1 @ Washington 4:00 p.m.

LOM 2 @ Sunset 4:00 p.m.

Friday, 10/19: Tumbleweed @ LOM 2 4:00 p.m.

Shaw Butte @ LOM 1 5:00 p.m.

Monday, 10/29: LOM 2 @ Lakeview 4:00 p.m.

Friday, 11/2: Acacia 1 @ LOM 1 4:00 p.m.

Richard E. Miller @ LOM 2 4:00 p.m.

Monday, 11/5: Desert View @ LOM 2 4:00 p.m.

Tuesday, 11/6: Orangewood 2 @ LOM 2 4:00 p.m.

Alta Vista @ LOM 1 5:00 p.m.

Thurs., 11/8: LOM 1 @ Orangewood 1 4:00 p.m.

Thurs., 11/15: LOM 1 @ Chaparral 4:00 p.m.

LOM 2 @ Sahuaro 4:00 p.m.

Friday, 11/16: Sunburst @ LOM 2 4:00 p.m.

Manzanita @ LOM 1 5:00 p.m.

Monday, 11/19: LOM 1 @ M.M. 4:00 p.m.

Tuesday, 11/20: LOM 2 @ John Jacobs 4:00 p.m.

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Student Council

Kiwanis Walk-a-thon

Student Council will once again be participating in the annual Kiwanis Walk-a-thon at Metrocenter Mall on Saturday, Oct. 20. Donations, cash or checks made out to **North Phoenix Kiwanis Foundation**, are being accepted from 9/24 - 10/5. Kiwanis will mail a tax deductible receipt for any donation of \$100 or more. Kiwanis is also eligible for the Working Poor Tax Credit, so donations can be made for up to \$400 per family or \$200 per individual. Proceeds from the event will benefit the Kiwanis charitable organization and the Lookout Mountain Student Activities fund. Please support our team!

Health Office News

Parents, please remember to update management plans of students. Students may not bring in their own medication to the Health Office. Parents must sign in medication & carry it into the health office. Thank you!

SAVE THE DATE

11.2.18 5:30 P.M.



FAMILY GAME NIGHT

FRIDAY, SEPT. 28

6:30 p.m.